ABSTRACT

A lie-down massager includes a base frame having an elongated top panel, through which an elongated top opening is formed, a rider, a guide member movably engaged between the base frame and the rider so as to enable the rider to make a horizontally reciprocal movement, massage bumps that move vertically and/or horizontally along the elongated top opening of the elongated top panel of the base frame, and a lifter that holds the massage bumps and adjusts the height of the massage bumps. Air shock absorbers are provided between the massage bumps and the lifter so that movement of the massage bumps by the rider and the lifter is flexible and more adapted to human body contour.

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